



## Frost School Clubs and ExtraCurricular Activities 2023-2024

Club or Activity	Staff Sponsor	Club Details (Description/ Key Dates/Meeting Times/Location)
Art Club	Michelle Sendy <a href="mailto:michelle.sendy@ccsd21.org">michelle.sendy@ccsd21.org</a>  Morgan Bauerle <a href="mailto:morgan.bauerle@ccsd21.org">morgan.bauerle@ccsd21.org</a>	3rd, 4th, and 5th Grade 15-30 students 1 hour Before School August through December
Advanced Art Club	Michelle Sendy <a href="mailto:michelle.sendy@ccsd21.org">michelle.sendy@ccsd21.org</a>	15-25 students 30 min -1 hour (before school or during recess) TBD  To expand the skills of students by learning more advanced concepts.
Game Club	Morgan Bauerle <a href="mailto:morgan.bauerle@ccsd21.org">morgan.bauerle@ccsd21.org</a>  Lindsey Figueroa <a href="mailto:lindsey.figueroa@ccsd21.org">lindsey.figueroa@ccsd21.org</a>	12-25 students After School 3rd Trimester  Teaching students classic board/card/recess games Proposal: Learn 1 game per week, every four weeks
News Club	Sarah Betancourt <a href="mailto:sarah.betancourt@ccsd21.org">sarah.betancourt@ccsd21.org</a>  Emily Bochenek <a href="mailto:emily.bochenek@ccsd21.org">emily.bochenek@ccsd21.org</a>	No min/max of students Meet 1-2 times per week for 30-45 minutes Before school and during lunch/recess All year  4th and 5th Grade ONLY- The Frost News club offers students an opportunity to report news and share it with their peers. Students discuss ways to promote Frost events and deliver world news. They practice their reporting, videography and editing skills. They use a great editing software called Wevideo, which the district provides. The students have learned how to edit videos with green screening, intros, subtitles, adding music and effects.
Girls on the Run	Sarah Betancourt <a href="mailto:sarah.betancourt@ccsd21.org">sarah.betancourt@ccsd21.org</a>  Adriana Navarrete	30-45 students Offered to 5th grade girls 2 meetings/week for 10 weeks After school (3:30-5:00)



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	<a href="mailto:adriana.navarrete@ccsd21.org">adriana.navarrete@ccsd21.org</a>  Linsey Figueroa <a href="mailto:lindsey.figueroa@ccsd21.org">lindsey.figueroa@ccsd21.org</a>	Girls on the Run has fun, evidence-based programs that inspire girl empowerment by building confidence, kindness and decision making skills. The girls also train for a 5k they run together when the program is over.  Tuesday and Wednesdays 3:30-5:00 Start Date: September 11th - November 13th 5k Event on week of 11/13/23
Advanced Orff and Ukulele Ensemble	Emily Bochenek <a href="mailto:emily.bochenek@ccsd21.org">emily.bochenek@ccsd21.org</a>	4th & 5th Grade 1-2 times per week for 45 minutes Before School All Year  4th and 5th grade students will play a wide variety of classroom instruments (unpitched and pitched percussion instruments) as well as ukulele, and work with diverse repertoire from a wide variety of times and places. Throughout the program, students will be learning advanced drum and mallet technique, basic improvisation, accompaniment skills, and composition/arranging. Students will perform several times throughout the school year.
Chorus	Emily Bochenek <a href="mailto:emily.bochenek@ccsd21.org">emily.bochenek@ccsd21.org</a>	5th Grade ONLY Before school or during 5th grade SEL 1x/week All year  Chorus is an extracurricular singing club for 5th graders. Chorus will meet during the school day (time TBD) in the music room and occasionally before school for extra rehearsals preceding a performance.
Spanish Club	Rocio Tellez <a href="mailto:rocio.tellez@ccsd21.org">rocio.tellez@ccsd21.org</a>  Lindsey Figueroa <a href="mailto:lindsey.figueroa@ccsd21.org">lindsey.figueroa@ccsd21.org</a>	3rd-5th Grade 10-20 students 30 minutes per week Lunch/Recess October through April  The Spanish Club proposes to promote awareness, appreciation, and understanding of the Spanish-speaking world. Also, it proposes to foster friendly relationships among Hispanic and Non-Hispanic students by enabling club participants to understand and speak the social Spanish vocabulary.



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Band	Tyler Guthrie <a href="mailto:tyler.guthrie@ccsd21.org">tyler.guthrie@ccsd21.org</a>	
Orchestra	Faraz Chaudry <a href="mailto:faraz.chaudry@ccsd21.org">faraz.chaudry@ccsd21.org</a>	
Intramurals	Bill Bochenek <a href="mailto:bill.bochenek@ccsd21.org">bill.bochenek@ccsd21.org</a>  Vicky Hallman <a href="mailto:victoria.hallman@ccsd21.org">victoria.hallman@ccsd21.org</a>	10-40 students 3-4 times per week 1 hour Before school (7:45-8:45 am)  Intramurals: This school activity is considered an extension of the regular physical education program. Students will have the opportunity to put the skills learned in physical education class into use. The intramural program emphasizes sportsmanship and team play. Offered to 4th and 5th grade students.
Community Service Club	Lindsay Anaya <a href="mailto:lindsay.anaya@ccsd21.org">lindsay.anaya@ccsd21.org</a>  Giselle Raube <a href="mailto:giselle.raube@ccsd21.org">giselle.raube@ccsd21.org</a>	5-20 students 1 hour 10 meetings (Once a month) Lunch/Recess  We will have a variety of activities that provide a service to our community.
STEM Club	Connor Potvin	Before/After School Preference 1 hour Open invitation to students grade 3 and above at a minimum.  It will be exposure activities and/or an extension for those activities done in STEM class. There will be STEM challenges as well as exposure to a variety of tech tools and coding.



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Engineering	Rocio Tellez	<p>Before/After School Preference 1 hour Should be an open invitation to students grades 3-5.</p> <p>Students will participate in an engineering challenge over the course of the club. As part of the club they will utilize different tech tools in order to be able to solve the problem.</p>
Robotics	Christina Daskas	<p>Before/After School Preference 1 hour Minimum 10 hour long sessions Maximum 12 (1 hour) sessions</p> <p>It should be an open invitation to students grades 4-5. Students will work in teams to build a robot tasked to do specific tasks as guided by the challenge each year. We will be utilizing the First Lego League materials, though will likely only compete among our elementary buildings this year as we get the hang of the program.</p>



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Club o actividad	Patrocinador del club	Detalles del club (Descripción/ Fechas/Hora del club/Ubicación)
Club de arte	Michelle Sendy <a href="mailto:michelle.sendy@ccsd21.org">michelle.sendy@ccsd21.org</a>  Morgan Bauerle <a href="mailto:morgan.bauerle@ccsd21.org">morgan.bauerle@ccsd21.org</a>	3ro, 4to, and 5to grado 15-30 estudiantes 1 hora Antes de la escuela Octubre hasta diciembre
Club de juegos	Morgan Bauerle <a href="mailto:morgan.bauerle@ccsd21.org">morgan.bauerle@ccsd21.org</a>  Ranee Prunty <a href="mailto:randee.prunty@ccsd21.org">randee.prunty@ccsd21.org</a>	12-25 students After School 3rd Trimester  Teaching students classic board/card/recess games Proposal: Learn 1 game per week, every four weeks
Club de noticias	Sarah Betancourt <a href="mailto:sarah.betancourt@ccsd21.org">sarah.betancourt@ccsd21.org</a>  Emily Bochenek <a href="mailto:emily.bochenek@ccsd21.org">emily.bochenek@ccsd21.org</a>	No min/max of students Meet 1-2 times per week for 30-45 minutes Before school and during lunch/recess All year  4th and 5th Grade ONLY- The Frost News club offers students an opportunity to report news and share it with their peers. Students discuss ways to promote Frost events and deliver world news. They practice their reporting, videography and editing skills. They use a great editing software called Wevideo, which the district provides. The students have learned how to edit videos with green screening, intros, subtitles, adding music and effects.
Girls on the Run <i>Ninas corriendo</i>	Sarah Betancourt <a href="mailto:sarah.betancourt@ccsd21.org">sarah.betancourt@ccsd21.org</a>  Adriana Navarrete <a href="mailto:adriana.navarrete@ccsd21.org">adriana.navarrete@ccsd21.org</a>  Linsey Figueroa <a href="mailto:lindsey.figueroa@ccsd21.org">lindsey.figueroa@ccsd21.org</a>	30-45 students 2 meetings/week for 10 weeks After school (3:30-5:00)  Girls on the Run has fun, evidence-based programs that inspire girl empowerment by building confidence, kindness and decision making skills. The girls also train for a 5k they run together when the program is over.  Tuesday and Wednesdays 3:30-5:00 Start Date: September 11th - November 13th 5k Event on week of 11/13/23



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Club de música avanzada	Emily Bochenek <a href="mailto:emily.bochenek@ccsd21.org">emily.bochenek@ccsd21.org</a>	<p>4th &amp; 5th Grade 1-2 times per week for 45 minutes Before School All Year</p> <p>4th and 5th grade students will play a wide variety of classroom instruments (unpitched and pitched percussion instruments) as well as ukulele, and work with diverse repertoire from a wide variety of times and places. Throughout the program, students will be learning advanced drum and mallet technique, basic improvisation, accompaniment skills, and composition/arranging. Students will perform several times throughout the school year.</p>
Coro	Emily Bochenek <a href="mailto:emily.bochenek@ccsd21.org">emily.bochenek@ccsd21.org</a>	<p>5th Grade ONLY Before school or during 5th grade SEL 1x/week All year</p> <p>Chorus is an extracurricular singing club for 5th graders. Chorus will meet during the school day (time TBD) in the music room and occasionally before school for extra rehearsals preceding a performance.</p>
Club de español	Rocio Tellez <a href="mailto:rocio.tellez@ccsd21.org">rocio.tellez@ccsd21.org</a>  Lindsey Figueroa <a href="mailto:lindsey.figueroa@ccsd21.org">lindsey.figueroa@ccsd21.org</a>	<p>3rd-5th Grade 10-20 students 30 minutes per week Lunch/Recess October through April</p> <p>The Spanish Club proposes to promote awareness, appreciation, and understanding of the Spanish-speaking world. Also, it proposes to foster friendly relationships among Hispanic and Non-Hispanic students by enabling club participants to understand and speak the social Spanish vocabulary.</p>
Banda	Tyler Guthrie <a href="mailto:tyler.guthrie@ccsd21.org">tyler.guthrie@ccsd21.org</a>	



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Orquesta	Faraz Chaudry <a href="mailto:faraz.chaudry@ccsd21.org">faraz.chaudry@ccsd21.org</a>	
Intramuros	Bill Bochenek <a href="mailto:bill.bochenek@ccsd21.org">bill.bochenek@ccsd21.org</a>  Vicky Hallman <a href="mailto:victoria.hallman@ccsd21.org">victoria.hallman@ccsd21.org</a>	10-40 students 3-4 times per week 1 hour Before school (7:45-8:45 am)  Intramurals: This school activity is considered an extension of the regular physical education program. Students will have the opportunity to put the skills learned in physical education class into use. The intramural program emphasizes sportsmanship and team play. Offered to 4th and 5th grade students.
Club de servicio comunitario	Lindsay Anaya <a href="mailto:lindsay.anaya@ccsd21.org">lindsay.anaya@ccsd21.org</a>  Giselle Raube <a href="mailto:giselle.raube@ccsd21.org">giselle.raube@ccsd21.org</a>	5-20 students 1 hour 10 meetings (Once a month) Lunch/Recess  We will have a variety of activities that provide a service to our community.
Club de ciencias, tecnología, ingeniería y matemáticas	Connor Potvin	Before/After School Preference 1 hour Open invitation to students grade 3 and above at a minimum.  It will be exposure activities and/or an extension for those activities done in STEM class. There will be STEM challenges as well as exposure to a variety of tech tools and coding.STEM challenges as well as exposure to a variety of tech tools and coding.
Ingenieria	Rocio Tellez	Before/After School Preference 1 hour Should be an open invitation to students grades 3-5.



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		Students will participate in an engineering challenge over the course of the club. As part of the club they will utilize different tech tools in order to be able to solve the problem.
Robótica	Christina Daskas	<p>Before/After School Preference 1 hour Minimum 10 hour long sessions Maximum 12 (1 hour) sessions</p> <p>It should be an open invitation to students grades 4-5. Students will work in teams to build a robot tasked to do specific tasks as guided by the challenge each year. We will be utilizing the First Lego League materials, though will likely only compete among our elementary buildings this year as we get the hang of the program.</p>